Modes of Developmental Relationships

Externally Driven

Gap to be Addressed:

Perspective and Experience

When to Use:

When a mentor and mentee share a common pathway; the mentor can guide from their greater experience

Example Cases:

Modelling skills and way of being Sharing experience / perspective Developing professional goals (e.g. Individual Development Plans)

Generally, a longer-term relationship

Mentoring

Coaching

Gap to be Addressed: Internal Clarity (Intention)

Questions

and Confidence

When to Use:

When a coach uses powerful questions to facilitate development of professional identity, goals, and strategies

Example Cases:

Reflection on personal values Making important career choices Setting professional goals and plan Accountability partnership (balancing challenge and support)

Notes:

Coachee drives agenda and goals Coach drives process

Gap to be Addressed:

Connection and Endorsement

When to Use:

When a sponsor has greater social resources to advocate for and connect sponsorees with opportunities

Example Cases:

Nominating someone for role Giving public credit to sponsoree Making social connections between sponsoree and opportunities

Notes:

More directive on action (be careful) Sponsor puts own reputation on the line

Sponsorship

Advising

Gap to be Addressed:

Answers

Information and Expertise

When to Use:

When an optimal result is achievable through the application of expert knowledge

Example Cases:

How to perform technical tasks Navigating specific processes Information on choice options

Notes:

More directive on choice (be careful) Onus of action on the advisee



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